

ELCA Benefits Help You Live Well

Portico's Traditional Benefits Program offers a comprehensive set of benefits designed to strengthen your holistic health — especially your financial, emotional, and physical well-being — so you can serve with greater confidence. Sign in at myPortico.PorticoBenefits.org to learn more.



ELCA-Primary health benefits help you stay fit for ministry

- **Support a healthy, resilient life** by using your medical, mental health, prescription drug and dental coverage, and voluntary vision care services*.
- **Get help maximizing your health benefits** by calling the Portico Care Coordinators by Quantum Health®.
- **Receive text-based primary care** through the 98point6® app with \$0 copay.
- **View expert-led videos and listen to podcasts on a wide range of well-being skills** on Being.
- **Get confidential customized online mental health programs** through Learn to Live®.
- **Treat back, joint, and muscle pain** through the SWORD* virtual therapy program.
- **Obtain confidential, around-the-clock access to counseling, legal, and work/life services** through the Employee Assistance Program (EAP) by Beacon Wellbeing.
- **Create modest change to promote weight loss** and help reduce the risk of type 2 diabetes and heart disease through the Omada® program.
- **Receive personalized support and cost-free supplies** through Livongo®, an innovative diabetes management program.
- **Exercise at home** using the Burnalong virtual health and fitness platform.
- **Pay for eligible health care expenses** using your Further debit card when you set aside pretax dollars in tax-advantaged health accounts*.



ELCA Retirement Plan access and financial planning resources help you build financial confidence

- **Make pretax contributions** into your 403(b) employer-sponsored retirement plan account.
- **Choose from 34 investment options**, including social purpose and target date fund options.
- **Save tax dollars each year** as a current or retired pastor eligible for the clergy housing allowance tax exclusion.
- **Receive guidance and education** on financial basics and retirement planning from our in-house Portico Financial Planners, and a personalized online financial wellness quiz from our record-keeping provider, Fidelity.
- **Create a personalized retirement plan** with our proprietary online Retirement Planning Tool.
- **Get financial counseling** through Lutheran Social Service of Minnesota (LSS) Financial Counseling.



ELCA Disability Benefits Plan helps support you during recovery

- Receive **two-thirds income replacement**.
- **Benefits continue when you're totally disabled**. The disability plan provides health benefits for you and eligible family members, life insurance, and retirement contributions.



ELCA Survivor Benefits Plan helps protect those you love most

- **Enrolled automatically in basic group life insurance**, up to \$50,000.
- Elect to **add supplemental and/or dependent (member-paid) coverage**.

**Must qualify to participate. See the plan documents or contact Portico for details. Portico member rights under the plans are governed by the plan documents, which are the full, legal descriptions of the plans. If any of this information is inconsistent with the corresponding plan document, the plan document is the controlling document. Note: The wholeness wheel emblems are trademarks of Portico Benefit Services (U.S. Patent and Trademark). Certificate of registration numbers: 4,637,260; 4,637,258; 4,637,259; 4,636,828; 4,677,811; 4,769,984.*

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